



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE ALLEGHANY HIGHLANDS YMCA

2019 MEMBERSHIP FEE SCHEDULE (20/20 Member Referral 20% Discount Rate)

MEMBER RATES Membership is perpetual. Fees continue to accrue until you cancel with a 30-day written notice	JOINING FEE May be prorated over the 1 st 12 payments	OPTION 1 ANNUAL RATE	OPTION 2 6-MONTH RATE	OPTION 3 QUARTERLY	OPTION 4 Monthly bank draft, debit/credit card or payroll deduction (Referral rate in parenthesis)
Student/Youth (12-18 years of age –or– Full-time student with minimum of 12 credit hours)	\$0	\$396	\$198	\$99	\$33 (\$26.40)
Adult Individual (Ages 19-64)	\$40	\$660	\$330	\$165	\$55 (\$44)
Couple (Ages 19-64)	\$50	\$792	\$396	\$198	\$66 (\$52.80)
Single Parent Family (One parent household with dependent children to age 18 or 22, if student)	\$50	\$780	\$390	\$195	\$65 (\$52.00)
Family (2 adult household with dependent children to age 18 or 22, if student)	\$60	\$924	\$462	\$231	\$77 (\$61.60)
Young at Heart (Age 65+)	\$30	\$600	\$300	\$150	\$50 (\$40.00)
Young at Heart Couple (Senior couple - At least one household member 65 years or older)	\$40	\$780	\$390	\$195	\$65 (\$52.00)

Everyone Deserves a YMCA: Financial Assistance Program of the Alleghany Highlands YMCA

The Y is a non-profit, community based organization that is committed to helping people achieve their full potential in spirit, mind and body. The funds available for this program are made possible by the generosity of our volunteers, members and donors through our Annual Sustaining Campaign. It is our desire to help those in need in our community regardless if the situation requires short-term or long-term assistance. Our Everyone Deserves a YMCA program is based on a sliding scale of income vs. expenses and is designed to fit each individual's financial situation.

Memberships are ongoing. Fees continue to accrue until you cancel with a 30-day WRITTEN notice. Manual payments are due at the beginning of the quarter, 6 months or 12 months depending on the payment option you select. Payment must be made in full prior to the due date. Your due date is based on the date of joining.



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101 YMCA Way, Covington, VA 24426
P: (540) 962-9622 F: (540) 862-8675
<https://alleghanyhighlandsymca.org>

GENERAL INFORMATION

Hours of Operation:

Monday - Friday	Main Facility	5:30 am - 9:00 pm	
	Pool	6:00 am - 2:00 pm, 4:00 pm - 8:30 pm	
Saturday		8:00 am - 6:00 pm	Pool closes at 5:30 pm
Sunday		1:00 pm - 6:00 pm	Pool closes at 5:30 pm

Child Watch Hours (ages 6 months – 11 years):

Monday - Thursday	8:00 am – 11:30 am	5:00 pm – 7:30 pm
Friday	8:00 am – 11:30 am	5:00 pm – 7:00 pm
Saturday	9:00 am – 12:00 noon	No evening hours

FIT KIDS for ages 5 – 11 years is a supervised program held Monday -Thursday evenings from 5:00 pm –7:00 pm.

*Summer FIT KIDS operates 9:00 – 11:00 am Monday – Friday runs mid-June through mid-August

Leadership:

Jennifer Unroe	President & CEO	862-8677	junroeahymca@gmail.com
Cheri Kelley	Membership & Program Director	862-8683	ckelleyahymca@gmail.com
Shari Peterson	Aquatic Director	862-8679	spetersonahymca@gmail.com
Darlene Thomas	Health & Wellness Director	862-8681	dthomasahymca@gmail.com
Susan Hutchison	Director of Development	862-8684	shutchisonahymca@gmail.com
Dale Heath	Maintenance Supervisor	862-8686	dheathahymca@gmail.com
Rhonda Gray	Accounting Specialist	862-8678	rgrayahymca@gmail.com
Desree Mineiro	Accounts Specialist	862-8682	dmineiroahymca@gmail.com

Download the Alleghany Highlands YMCA mobile app for your iPhone or Android device! Use the app in place of your key tag to scan into the facility, view group exercise schedules and add reminders to your calendar, keep up to date on programs and receive notifications of important facility information.
