



Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

Issue No. 49 June 2015

Use of Mobile Media in Very Young Children

More than one-third of babies are tapping on smart phones and tablets even before they learn to walk or talk, and by one year of age, one in seven toddlers is using devices for at least an hour a day, according to a new study.

<http://www.sciencedaily.com/releases/2015/04/150425215621.htm>

Essentials for Parenting Toddlers and Preschoolers Toolkit

The *Essentials for Parenting Toddlers and Preschoolers* is a free, online resource developed by the Centers for Disease Control and Prevention (CDC). Designed for families of toddlers and preschoolers, this website is organized by child age, and offers videos, activities, and print materials to address common parenting challenges, including tantrums and whining.

http://www.cdc.gov/parents/essentials/?utm_source=PA+EEN%2C+May+13&utm_campaign=Build+news&utm_medium=email

Services for Families of Infants and Toddlers Experiencing Trauma

Current research on the impact of trauma on infants and toddlers, as well as intervention strategies for protecting these children, are summarized in this 2015 research-to-practice brief.

http://www.acf.hhs.gov/sites/default/files/opre/opre_nitr_brief_v07_508_2.pdf

Self-Regulation and Toxic Stress: A Review of Ecological, Biological, and Developmental Studies of Self-Regulation and Stress

Over 100 studies demonstrate that parental warmth, supportiveness, and sensitivity predict growth in self-regulation while harsh discipline techniques and maltreatment are associated with self-regulation difficulties. This 2015 review of the literature underscores the impact of early adversity and stress on self-regulation development. The report also highlights factors that may moderate the impact of stress.

http://www.acf.hhs.gov/sites/default/files/opre/acf_report_2_rev_022415_final_508.pdf

How Babies Decide Whom to Talk To

Babies who understand only one language just assume that other people do, too. A new study—that also finds the same assumption is not held by bilingual babies—may clarify how babies decide whom is worth having a “conversation” with, researchers say. Results not only offer insight into infants’ perception of linguistic abilities, but, more importantly, may help to better understand whom they see as good communication partners.

<http://www.futurity.org/babies-languages-834892/>

The Importance of Making Learning Noise

Watch this delightful video clip, then share it with students, colleagues, administrators and families as a reminder of the ways in which children’s voices are essential to their learning and success.

https://www.youtube.com/watch?v=n2dLPfaehV0&feature=em-share_video_user

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features resources that are high quality, readily available and free. To join the listserv, send an email **with no message** to

subscribe-babytalk@listserv.unc.edu To suggest resources, please contact

Camille Catlett at camille.catlett@unc.edu or (919) 966-6635.