



# Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

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## How to Identify and Support Children Experiencing Stress

This January 2017 resource highlights ways in which infants and toddlers may show caregivers that they are experiencing stress. The publication also offers effective strategies to reduce children's stress levels.

[http://usa.childcareaware.org/wp-content/uploads/2017/01/ChildStress\\_Whitepaper.pdf](http://usa.childcareaware.org/wp-content/uploads/2017/01/ChildStress_Whitepaper.pdf)

## Adaptive Art Tools

This video shows some inexpensive and creative ways to help children of diverse abilities to build fine motor skill while expressing themselves with different art materials.

<https://youtu.be/voFo9UgaLRs>

## State Infant-Toddler Policy Self-Assessment Toolkit

ZERO TO THREE's Policy Center updated [Infants and Toddlers in the Policy Picture: A Self-Assessment Toolkit for States](#) in December 2016 to reflect national data and state policy actions from the past year. State policy leaders can use this tool to assess the current status of services for infants and toddlers and their families and set priorities for improvement. Or, if you work directly with infants and toddlers, you may want to view the national data, divided into sections focused on good health, strong families, positive early learning experiences, and collaboration and system building, for comparison with policies and practices in your state. Or scan down the page to access a companion resource, "Survey Questions for Families of Young Children," which can be used to better understand families' experiences accessing services.

<https://www.zerotothree.org/resources/359-infants-and-toddlers-in-the-policy-picture-a-self-assessment-toolkit-for-states>

## Supporting the Language Development of Infants and Toddlers with Home Languages Other Than English

Recent research underscores the importance of supporting both the language(s) of home and the language of school (usually English) for young children who are growing up with multiple languages. Supporting the youngest dual language learners or DLLs may be new to some early childhood colleagues. Here are two concise tip sheets filled with ideas for how to support the language development of very young DLLs: *Language Modeling with Dual Language Learning Infants* (<https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/cultural-linguistic/planned-language-approach/docs/dll-ts-language-modeling-dll-infants.pdf>) and *Language Modeling with Dual Language Learning Toddlers* (<https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/cultural-linguistic/planned-language-approach/docs/dll-ts-language-modeling-dll-toddlers.pdf>).

## Parental Obesity and Early Childhood Development

Findings from recent research suggest that maternal and paternal obesity are each associated with specific delays in early childhood development, emphasizing the importance of family information when screening child development. Read more at <http://pediatrics.aappublications.org/content/early/2016/12/29/peds.2016-1459>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features resources that are high quality, readily available and free. To join the listserv, send an email **with no message** to [subscribe-babytalk@listserv.unc.edu](mailto:subscribe-babytalk@listserv.unc.edu) Past issues are archived at <http://fpg.unc.edu/resources/baby-talk-archive>  
To suggest resources, please contact Camille Catlett at [camille.catlett@unc.edu](mailto:camille.catlett@unc.edu)